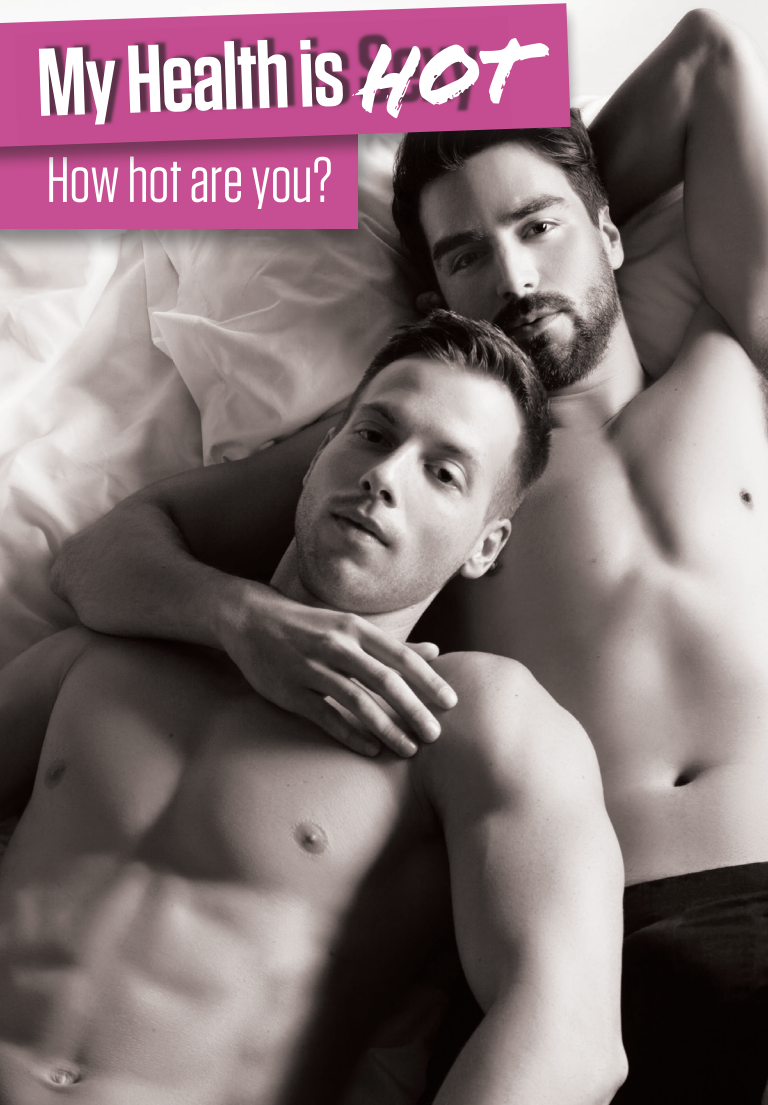


# My Health is *HOT*

How hot are you?



# HIV is most easily transmitted during the first couple of months after infection

- » As many as half of new transmissions happen during this time, before the virus is detectable.
- » Knowing your HIV status is hot. Being tested for HIV regularly should be a part of your active and healthy sex life.
- » Today, treatment can prevent the spread of HIV to your partners with as little as one pill a day.
- » Health outreach nurses are available across the region to provide discreet and confidential HIV testing. They can meet you wherever you are. Call 1-866-778-7736.

---

**Find out more about  
HIV and where to get  
confidential testing at:**

**MyHealthisSexy.com**



**Interior Health**  
*Every person matters*